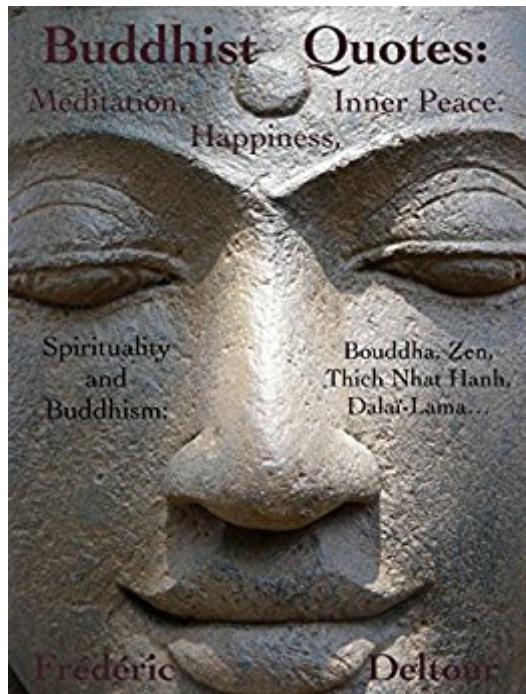


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# **Buddhist Quotes: Meditation, Happiness, Inner Peace.: Spirituality And Buddhism: Bouddha, Zen, Thich Nhat Hanh, DalaÃ±-Lamaâ€! (Buddhism, Bouddha, Buddhist ... & Spirituality, DalaÃ± Lama, Zen. Book 1)**



## **Synopsis**

- Buddhism and Spirituality / Happiness and Peace of mind -Words are an interesting concept, they can elevate us and reveal the beauty of an imperceptible instant, describe a beingâ™s thought in a deep state of inspirationâ | They can also mislead us if we mingle them with the thing they describeâ |A quotation represents a condensation of the spirit, a condensation of the philosophy and attitude adopted and applied by the author in his thoughts, speeches and actions.Reading and understanding these thoughts can allow us to discover a new way of looking at the world, by widening our perception, we get a greater faculty to discern the most appropriate response in a given situationâ |In Buddhism in general and Zen in particular, it is said that a sentence, a word even, can awaken someone, while opening the door of knowledge and wisdom.Perhaps the reading of these sentences will open up unexplored dimension within you, perhaps you will have a moment of clear comprehension or perhaps you will have the desire to apply a certain attitude that would allow you to be more peacefulâ |Whatever the result of your reading, I am convinced that your life will improved, that your desire to understand will be satisfied and that you will re-established the connection with your true self which is now waiting for only one thing, for you to continue reading in order to find deep within you, this familiar sensation to have found again this treasure buried and hidden deep down for too longâ |I wish you beautiful reunion with yourself, with the light, joy and love which are abundantly accessible and available within all of us, at any moment!

## **Book Information**

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## Customer Reviews

Buddhist Quotes: Meditation, Happiness, Inner Peace

Have you ever observed that we pay much more attention to a wise passage when it is quoted, than when we read it in the original author? (Philip Gilbert Hamerton) I love quotations because it is a joy to find thoughts one might have, beautifully expressed with much authority by someone recognized wiser than oneself. (Marlene Dietrich) I enjoy collecting quotations. When I find a choice one I pounce on it like a lepidopterist. My day is made. When I lose one because I did not copy it out at once I feel bereft. (R.I. Fitzhenry) There is no richer treasure than a collection of the beautiful thoughts and maxims of the world's literati. (Edward Parsons Day). Frédéric Deltour's collection of Buddhist quotations unequivocally will inspire Buddhist and non-Buddhist alike. Collecting quotations is an insidious, even embarrassing habit, like ragpicking or hoarding rocks or trying on other people's laundry. I got into it originally while trying to break an addiction to candy. I kicked candy and now seem to be stuck with quotations, which are attacking my brain instead of my teeth. (Robert Byrne) Mr. Deltour's compendium surely will serve to fuel your quotation habit. : ) While reading writers of great formulatory power — Henry James, Santayana, Proust — I find I can scarcely get through a page without having to stop to record some lapidary sentence. Reading Henry James, for example, I have muttered to myself — Céleste, Henry, turn down the brilliance a notch, so I can get some reading done. I may be one of a very small number of people who have developed writer's cramp while reading. (Joseph Epstein) Luckily, Frédéric has done the work for you this time so you can finally get some reading done. Life itself is a quotation; (Jorge Luis Borges) short sentences drawn from long experience. (Miguel de Cervantes) In quoting others we cite ourselves; (Julio Cortázar) Quotationality defines us. We are what we quote. (Gary Saul Morson) So perhaps not only will you be inspired and see yourself in these passages, you will learn more about the book's author as well. [To learn more about finding your true self and the author's inspirational path, read his inspiring book Listen to your Heart and Live Your Dreams: Discover the

Story of a Lifetime Search for Health, Peace, and Happiness]Ã¢ÂœRalph Keyes calls quotation collectors Ã¢Âquot;quographersÃ¢ÂTM, the men and women who gather catchwords, watchwords, war words, winged words, maxims, mottos, sayings, and quips into books of a thousand pages. Through the centuries quotation collectors have saved quotations that would otherwise be lost.Ã¢Â• (Willis Goth Regier) Ã¢ÂœMost collectors collect tangibles. As a quotation collectorÃ¢Â|Ã¢Â| FrÃ©dÃ©ric Ã¢ÂœÃ¢Â|collect[s] wisdom, life, invisible beauty, souls alive in ink.Ã¢Â• (Terri Guillemets) Thank you to FrÃ©dÃ©ric for keeping the words, wisdoms, life, invisible beauty, and soul of the Buddha and his followers alive!Ã¢ÂœLike your body your mind also gets tired so refresh it by wise sayings.Ã¢Â• (Hazrat Al) Prince Charles-Joseph de Ligne suggestsÃ¢Â|Ã¢Â| Ã¢ÂœThe only way to read a book of aphorisms without being bored is to open it at random and, having found something that interests you, close the book and meditate.Ã¢Â• So what are you waiting for?!.Get reading; open this book, choose a quote, and meditate on it.Kelly LeBlanc, Toronto, Ontario Canada

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